# Washing Instructions

## **Garb Athletics Uniform Cleaning and Drying Instructions**

Uniforms should be washed immediately after each use if at all possible, in cold water.

The rinse cycle should likewise be set for cold water.

We recommend a detergent similar to Tide® for Coldwater.

Prior to washing, turning the garments inside out will help preserve the twill and screen print lettering.

Do not wash uniforms with other items, such as towels.

#### DO NOT USE CHLORINE BLEACH!

#### DO NOT DRY UNIFORMS ON HIGH HEAT.

If you must use a dryer, use a damp dry or air dry setting. High heat can cause shrinkage, screen print ink to crack, twill to wrinkle, etc.

#### DO NOT OVERLOAD THE DRYER.

The uniforms will stick together, especially those with screen print ink.

Remove the garments immediately after the dryer has finished.

#### DO NOT DRY CLEAN OR IRON.

To avoid static and lint build-up, use an anti-static agent such as Bounce® Dryer Sheets.

Store in a cool, dry area, protected from sunlight and fluorescent lighting.

\*If tackle twill arrives with an adhesive spot, simply wash uniform and the spot will be removed. All adhesive used is water soluable and will be removed in the wash.

Heavily soiled garments (grass, dirt, clay, mud), pre-treatment we recommended Garb Athletics' specialized uniform cleaner (SPORTS CLEANER) available at store.garbathletics.com

Spray liberally onto the stained area and rub in with a soft brush or cloth. Let sit for 3-5 minutes before putting in your washing machine, using the detergent you normally use. Some customers like to add a small amount of Sports Cleaner in with the detergent. For old, set-in stains, spray liberally and let sit for 24 hours. Then, spray again and let sit for 3-5 minutes before washing. **DO NOT OVERLOAD WASHER.** 

Remove uniforms immediately after washing and hang dry all garments if at all possible.

## Garb Athletics' **Specialized** Uniform Cleaner

### FOR REMOVING MOST NORMAL STAINS FROM ATHLETIC UNIFORMS

Spray liberally onto the stained area and rub in with a soft brush or cloth. Let sit for 3-5 minutes before putting in your washing machine, using the detergent you normally use. Some customers like to add a small amount of SPORTS CLEANER in with the detergent. For old, set-in stains, spray liberally and let sit for 24 hours. Then, spray again and let sit for 3-5 minutes before washing.

ACTUAL TIPS FROM PEOPLE WHO OUR CLEANER ON A REGULAR BASIS:

"I just follow the directions on the bottle – spray it on generously and throw it in the washing machine. I usually don't even have to do any extra soaking or scrubbing." (Kelley in AL)

"I simply fill a short load of hot water in the machine, wet the uniform and start spraying. Bingo! Then I watch the clay just melt away!" (Catherine in FL)

#### FOR REALLY TOUGH STAINS:

For heavily soiled uniforms, we run uniforms through a Rinse & Spin cycle. The allows the water to flush all the loose particles out and eliminates re-depositing. Depending on how soiled the uniforms are, a second flush could be necessary. We then run the appropriate wash cycle as set up by our laundry chemical company. At various points additives are placed into the wash and soak cycles. At the completion of the wash cycle, we examine the uniforms for the stains that were not removed during the normal wash cycle. We treat those troublesome stains with the Sports Cleaner. We allow it to sit and work for 4-6 minutes on the final garment before starting the appropriate wash cycle. Sometimes for stubborn stains, we use a very soft bristled brush to work in the Sports Cleaner. Use caution when using this technique because many current fabrics are sensitive and can be damaged if you scrub too hard. After this wash, you will have the result you want. (Brian Coutras, Equipment Mgr, UAB)

Here are my normal pre-wash steps needed to get red clay out of our white baseball uniforms. Immerse in tap-temperature water for 6-7 minutes. Scrub excess clay stains using a very soft bristled brush under flowing tap water. Apply the Sports Cleanver and scrub stains with the soft bristled brush. Allow 20 minutes soak time. Launder as usual in warm water with cold rinse. (Rick Schweitzer, Clubhouse Manager, Mobile BayBears)

If you have any questions please contact Garb Athletics at (888) 864-1955